



Equine Hanna Somatics® Professional Online Zoom Training Program

3-Module Training with Eleanor Criswell Hanna, Ed.D. & Alissa Mayer, EHSE-C

EHS Module 1: April 29-May 3, 2024 • EHS Modules 2/3: May 20-24, 2024

Apply at: <https://www.equinehannasomatics.org/training>

We are pleased to announce this year's Equine Hanna Somatics Professional Training Program. The EHS certification training will be conducted in three modules. Module 1 will be taught April 29-May 3, 2024 and Modules 2 and 3 are taught concurrently May 20-24, 2024. Classes will be online via Zoom, Monday through Friday 9:00 a.m.-4:30 p.m

EHS training program will be conducted by Novato Institute Director and Equine Hanna Somatics founder and practitioner Eleanor Criswell Hanna, Ed.D. and Alissa Mayer, Certified EHSE.

Equine Hanna Somatics (EHS) is an adaptation of Hanna Somatics for horses. Like humans, horses experience stress and develop chronically contracted muscles. Chronically contracted muscles often create discomfort and restricted movement. Equine Hanna Somatics is a hands-on procedure for teaching horses, horse riders, and horse handlers the voluntary, conscious control of the neuromuscular systems of horses suffering muscular disorders of an involuntary, unconscious nature. Horses find EHS very relaxing. After the EHS session, horses walk, trot, and canter more easily and their muscles move more fluidly. During subsequent riding sessions, they seem to respond more readily to rider requests. Riders report enhanced bonding with their horses.

The program begins with an introduction to the principles of Equine Hanna Somatics®. Other topics addressed will be the history of Equine Hanna Somatics, equine anatomy and kinesiology, somatic horse handling, safety, EHS basic protocols, Hanna Somatics for riders and horse handlers, the nature of the horse and learning, herd dynamics, equine neurophysiology, conformation/posture, assessment, equine somatic issues, ethics, legalities, practice building, and others.

Each of the three modules is \$1000; sliding scale \$750-\$1000. If you are a continuing student, previous tuition rates apply. Participants are required to have experience with horses.

To LEARN MORE or APPLY and secure your spot with a refundable \$200 deposit, go to: <https://www.equinehannasomatics.org/training> . APPLICATION DEADLINE is March 1, 2024.

For late registration or if you have questions before applying, please call me at the Novato Institute (415)897-0336 or email me at ecriswel@ix.netcom.com . If your application is not accepted or the training is already full, your \$200 deposit will be refunded (less processing fees). I hope that you can join us for this year's EHS professional training program.

Sincerely,
Eleanor Criswell Hanna, Ed.D., Director